

- All Natural Ingredients
- 0% Cholesterol
- Low GI (Glycemic Index)
- Dairy and Lactose Free
- High in Fiber
- Gluten Free
- Rich in Plant Protein
- Low Sodium
- Vegetarian / Vegan
- Egg Free
- Preservative Free
- Non-GMO

### Preparation Instructions

- Pre-heat convection oven to 350°F.
- Place frozen *Nature's Nuggets™* in mixing bowl, add marinade or sauce, toss to coat evenly.
- Transfer *Nature's Nuggets™* to steam table pan.
- Cover, bake for 15-20 minutes.

### Nutrition Facts

About 96 servings per container  
**Serving size 3 oz (85g)**

Amount per serving	
<b>Calories</b>	<b>60</b>
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 5mg	<b>0%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 4g	13%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 13g	
Vitamin D 0mcg	0%
Calcium 68mg	6%
Iron 2mg	10%
Potassium 407mg	8%

**Ingredients:** *Nature's Nuggets™* (Water, Soy Protein), Yeast Extract, Sugar, Salt, Natural Flavors from Vegetables.  
**Contains:** Soy.

### Storage / Shelflife

- 24 months from date of production when stored frozen at 0°F/-18°C or below.
- Cook from frozen.

### Packaging

Available in 18 lb net weight, poly bag in a corrugated box.

### Packaging Specs

Case Pack (Servings) ..... ≈96/3.0oz  
 Allowable Case Defect ..... Less than 5%  
 Case Net Weight..... 18 lbs.  
 Case Gross Weight ..... 19.5 lbs.  
 Case Dimensions ..... 15.94" x 13.31" x 7.63"  
 Case Cube ..... 0.936ft<sup>3</sup>  
 Pallet Ti/Hi ..... 9/8  
 GTIN..... 10191273470076



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