



Child Nutrition **Item # 46505**

- All Natural Ingredients
- 0% Cholesterol
- Low GI (Glycemic Index)
- Dairy and Lactose Free
- High in Fiber
- MSG Free
- Rich in Plant Protein
- Complete Protein
- Vegetarian / Vegan
- Egg Free
- Preservative Free

Nutrition Facts	
About 105 servings per container	
Serving size 1 Large Filet (85g)	
Amount per serving	
Calories	120
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	1%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 340mg	15%
Total Carbohydrate 20g	7%
Dietary Fiber 5g	18%
Total Sugars 1g	
Includes 1g Added Sugars	2%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	15%
Potassium 413mg	8%

Preparation Instructions

- Pre-heat connection oven to 375°F.
- Separate and place single layer frozen *Nature's Large Filets* evenly on a non-sticking baking sheet.
- Bake for 10 minutes (oven temperature may vary).

FLAVORED & BREADED
Nature's Large Filet
Item # 46505

Ingredients: Nature's Filet (Water, Soy Protein, contains 2% or less of Hydrolyzed Soy Protein, Sugar, Salt, Soy Oil, Natural Flavors), Breading (Whole Wheat Flour, Enriched Wheat Flour [Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Whole Grain, Yellow Corn Flour, Water, Corn Starch, Salt, Contains 2% or less of Dextrose, Sugar, Onion Powder, Citrus Fiber, Yeast, Garlic Powder, Spice, Maltodextrin, Vinegar Solids, Modified Corn Starch, Spice Extractives, Leavening [Cream of Tartar, Baking Powder], Extractives of Paprika), Corn Oil.

Contains: Soy and Wheat.

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Each 3.03 oz serving (by weight) of Nature's Filets provides 2.00 oz equivalent meat alternate, and 0.75 oz. equivalent grains for the Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 2-19).

Keep Frozen Net Weight 20 LBS (9 Kg)

INSPECTED BY THE
 U.S. DEPT. OF AGRICULTURE
 IN ACCORDANCE WITH
 FNS REQUIREMENTS

Distributed by:
Improved Nature LLC
 101 Vandora Springs Rd,
 Garner, NC 27529

10191273465058

Storage / Shelflife

- 24 months from date of production when stored frozen at 0°F (-18°C) or below.
- Cook from frozen.

Packaging

Available in 20 lb. net weight, poly bag in a corrugated box.

Packaging Specs

Count	≈ 5/lb.
Case Pack (units)	≈ 105/3.03oz
Case Pack (Servings)	≈ 105/3.03oz
Allowable Case Defect	Less than 5%
Case Net Weight.....	20 lb.
Case Gross Weight	21.5 lb.
Case Dimensions	15.94" x 13.31" x 7.63"
Case Cube	0.936ft ³
Pallet Ti/Hi.....	9/8
GTIN.....	10191273465058

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