

**Food Service**

**Item # 40003**

- All Natural Ingredients
- 0% Cholesterol
- Low GI (Glycemic Index)
- Dairy and Lactose Free
- High in Fiber
- Gluten Free
- Rich in Plant Protein
- Low Sodium
- Vegetarian / Vegan
- Egg Free
- Preservative Free

**Preparation Instructions**

- Pre-heat convection oven to 350°F.
- Place frozen *Nature's Shreds* in mixing bowl, add marinade or sauce, toss to coat evenly.
- Transfer *Nature's Shreds* to steam table pan.
- Cover. Bake for 15-20 minutes.

**Nutrition Facts**

About 96 servings per container  
**Serving size 3 oz (85g)**

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**Amount per serving**  
**Calories 50**

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**% Daily Value\***

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	0%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 65mg	<b>3%</b>
<b>Total Carbohydrate</b> 4g	<b>1%</b>
Dietary Fiber 3g	12%
Total Sugars 0g	
Includes 0g Added Sugars	0%
<b>Protein</b> 12g	
Vitamin D 0mcg	0%
Calcium 65mg	6%
Iron 2mg	10%
Potassium 390mg	8%

**Ingredients:** Flavored *Nature's Shreds™* (Water, Soy Protein, Salt, Dextrose, Corn Starch, Yeast Extract, Onion Powder).  
**Contains:** Soy.

**Storage / Shelflife**

- 24 months from date of production when stored frozen at 0°F/-18°C or below.
- Cook from frozen.

**Packaging**

Available in 18 lb. net weight, poly bag in a corrugated box.

**Packaging Specs**

Case Pack (Servings) ..... ≈96/3.0oz  
 Allowable Case Defect ..... Less than 5%  
 Case Net Weight..... 18 lb.  
 Case Gross Weight ..... 19.5 lb.  
 Case Dimensions ..... 15.94" x 13.31" x 7.63"  
 Case Cube ..... 0.936ft<sup>3</sup>  
 Pallet Ti/Hi..... 9/8  
 GTIN..... 10191273400035

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