



Food Service

Item # 46003

- All Natural Ingredients
- 0% Cholesterol
- Low GI (Glycemic Index)
- Dairy and Lactose Free
- High in Fiber
- Gluten Free
- Rich in Plant Protein
- Low Sodium
- Vegetarian / Vegan
- Egg Free
- Preservative Free

Preparation Instructions

- Pre-heat convection oven to 350°F.
- Place frozen *Nature's Filets* in mixing bowl, add marinade or sauce, toss to coat evenly.
- Transfer *Nature's Filets* to steam table pan.
- Cover. Bake for 15-20 minutes.

Nutrition Facts	
About 113 servings per container	
Serving size	2 Filets (72g)
Amount per serving	
Calories	50
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	6%
Potassium 361mg	8%

Ingredients: *Nature's Filets*™ (Water, Soy Protein).
Contains: Soy.

Storage / Shelflife

- 24 months from date of production when stored frozen at 0°F/-18°C or below.
- Cook from frozen.

Packaging

Available in 18 lb. net weight, poly bag in a corrugated box.

Packaging Specs

Count	≈ 13/lb.
Case Pack (Units)	≈ 227/1.27oz
Case Pack (Servings)	≈ 113/2.54oz
Allowable Case Defect	Less than 5%
Case Net Weight.....	18 lb.
Case Gross Weight	19.5 lb.
Case Dimensions	15.94" x 13.31" x 7.63"
Case Cube	0.936ft ³
Pallet Ti/Hi.....	9/8
GTIN.....	10191273460039

Contact: Larry Yates
 National Sales Director
 Improved Nature LLC
 919-588-2298
 Sales@ImprovedNature.com





Food Service - Kosher

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- 0% Cholesterol
- Low GI (Glycemic Index)
- Dairy and Lactose Free
- High in Fiber
- Gluten Free
- Rich in Plant Protein
- Low Sodium
- Vegetarian / Vegan
- Egg Free
- Preservative Free

Nutrition Facts

About 63 servings per container
Serving size 2 Filets (72g)

Amount per serving

Calories **50**

% Daily Value*

Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 3g	1%
Dietary Fiber 3g	11%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 11g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 2mg	8%
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Preparation Instructions

- Pre-heat convection oven to 350°F.
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- Cover. Bake for 15-20 minutes.

Ingredients: *Nature's Filets*™ (Water, Soy Protein).
Contains: Soy.

Storage / Shelflife

- 24 months from date of production when stored frozen at 0°F/-18°C or below.
- Cook from frozen.

Packaging

Available in 10 lb. net weight, poly bag in a corrugated box.

Packaging Specs

Count	≈13/lb.
Case Pack (units)	≈126/1.27oz
Case Pack (Servings)	≈63/2.54oz
Allowable Case Defect	Less than 5%
Case Net Weight.....	10 lb.
Case Gross Weight	11.25 lb.
Case Dimensions	16" x 14" x 6"
Case Cube	0.778ft ³
Pallet Ti/Hi	11/10
GTIN.....	10191273460046

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