

Food Service

Item # 45003

- All Natural Ingredients
- 0% Cholesterol
- Low GI (Glycemic Index)
- Dairy and Lactose Free
- High in Fiber
- Gluten Free
- Rich in Plant Protein
- Low Sodium
- Vegetarian / Vegan
- Egg Free
- Preservative Free

Preparation Instructions

- Pre-heat convection oven to 350°F.
- Place frozen *Nature's Tenders* in mixing bowl, add marinade or sauce, toss to coat evenly.
- Transfer *Nature's Tenders* to steam table pan.
- Cover. Bake for 15-20 minutes.

Nutrition Facts

About 113 servings per container  
**Serving size 4 Tenders (72g)**

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Amount per serving  
**Calories 50**

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% Daily Value\*

|                              |           |
|------------------------------|-----------|
| <b>Total Fat</b> 0g          | <b>0%</b> |
| Saturated Fat 0g             | 0%        |
| Trans Fat 0g                 |           |
| <b>Cholesterol</b> 0mg       | <b>0%</b> |
| <b>Sodium</b> 0mg            | <b>0%</b> |
| <b>Total Carbohydrate</b> 3g | <b>1%</b> |
| Dietary Fiber 3g             | 11%       |
| Total Sugars 0g              |           |
| Includes 0g Added Sugars     | 0%        |
| <b>Protein</b> 11g           |           |
| Vitamin D 0mcg               | 0%        |
| Calcium 60mg                 | 4%        |
| Iron 2mg                     | 8%        |
| Potassium 361mg              | 8%        |

**Ingredients:** *Nature's Tenders*™ (Water, Soy Protein).  
**Contains:** Soy.

Storage / Shelflife

- 24 months from date of production when stored frozen at 0°F/-18°C or below.
- Cook from frozen.

Packaging

Available in 18 lb. net weight, poly bag in a corrugated box.

Packaging Specs

|                             |                         |
|-----------------------------|-------------------------|
| Count .....                 | ≈25/lb.                 |
| Case Pack (Units) .....     | ≈454/.63oz              |
| Case Pack (Servings) .....  | ≈113/2.54oz             |
| Allowable Case Defect ..... | Less than 5%            |
| Case Net Weight.....        | 18 lb.                  |
| Case Gross Weight .....     | 19.5 lb.                |
| Case Dimensions .....       | 15.94" x 13.31" x 7.63" |
| Case Cube .....             | 0.936ft <sup>3</sup>    |
| Pallet Ti/Hi.....           | 9/8                     |
| GTIN.....                   | 10191273450030          |

Contact: Larry Yates

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 Improved Nature LLC  
 919-588-2298  
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**Food Service - Kosher**

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- High in Fiber
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- Rich in Plant Protein
- Low Sodium
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- Egg Free
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| <b>Nutrition Facts</b>          |                        |
|---------------------------------|------------------------|
| About 63 servings per container |                        |
| <b>Serving size</b>             | <b>4 Tenders (72g)</b> |
| <b>Amount per serving</b>       |                        |
| <b>Calories</b>                 | <b>50</b>              |
|                                 | <b>% Daily Value*</b>  |
| <b>Total Fat</b> 0g             | <b>0%</b>              |
| Saturated Fat 0g                | 0%                     |
| Trans Fat 0g                    |                        |
| <b>Cholesterol</b> 0mg          | <b>0%</b>              |
| <b>Sodium</b> 0mg               | <b>0%</b>              |
| <b>Total Carbohydrate</b> 3g    | <b>1%</b>              |
| Dietary Fiber 3g                | 11%                    |
| Total Sugars 0g                 |                        |
| Includes 0g Added Sugars        | 0%                     |
| <b>Protein</b> 11g              |                        |
| Vitamin D 0mcg                  | 0%                     |
| Calcium 6mg                     | 4%                     |
| Iron 2mg                        | 8%                     |
| Potassium 361mg                 | 8%                     |

**Preparation Instructions**

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- Place frozen *Nature's Tenders* in mixing bowl, add marinade or sauce, toss to coat evenly.
- Transfer *Nature's Tenders* to steam table pan.
- Cover. Bake for 15-20 minutes.

**Ingredients:** *Nature's Tenders*™ (Water, Soy Protein).  
**Contains:** Soy.

**Storage / Shelflife**

- 24 months from date of production when stored frozen at 0°F/-18°C or below.
- Cook from frozen.

**Packaging**

Available in 10 lb. net weight, poly bag in a corrugated box.

**Packaging Specs**

|                             |                      |
|-----------------------------|----------------------|
| Count .....                 | ≈25/lb.              |
| Case Pack (units) .....     | ≈252/.63oz           |
| Case Pack (Servings) .....  | ≈63/2.54oz           |
| Allowable Case Defect ..... | Less than 5%         |
| Case Net Weight.....        | 10 lb.               |
| Case Gross Weight .....     | 11.25 lb.            |
| Case Dimensions .....       | 16" x 14" x 6"       |
| Case Cube .....             | 0.778ft <sup>3</sup> |
| Pallet Ti/Hi .....          | 11/10                |
| GTIN.....                   | 10191273450046       |

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