



# Product Specification Sheet Nature's PRIME<sup>®</sup> Poppers

## Food Service

## Item # 17003

- All Natural Ingredients
- 0% Cholesterol
- Low GI (Glycemic Index)
- Dairy and Lactose Free
- High in Fiber
- Gluten Free
- Rich in Plant Protein
- Low Sodium
- Vegetarian / Vegan
- Egg Free
- Preservative Free
- Non GMO

1 lb. of Nature's PRIME<sup>®</sup> yields about 5 lb. of Nature's Meat<sup>™</sup>

### Preparation Instructions

- Boil 1 parts of Nature's PRIME Poppers in 10 parts (by weight) of flavored water or stock.
- Keep on low boil for 15 minutes. For more tender product, increase the cooking time.
- Drain and press product lightly to remove excess liquid.

Cooked Nature's PRIME Poppers can be battered, breaded and fried, spiced, marinated and/or added to your favorite sauce.

### Proximate Data

Moisture ..... ≤10%  
 a<sub>w</sub> ..... ≤0.55  
 Protein (dry basis) ..... ≥69%

### Microbial Data

Aerobic Plate Count ..... <50,000 CFU/G  
 Salmonella (Class III) ..... NEGATIVE  
 E Coli ..... NEGATIVE

### Storage / Shelflife

- 48 months from date of production.
- Care should be taken to ensure storage temperature does not exceed 75°F (25°C) for an extended period of time, during storage. Functional properties of these proteins are not guaranteed should products be stored above this temperature for extended periods.

### Nutrition Facts

Varies servings per container	
<b>Serving size</b>	(100g)
<b>Amount per serving</b>	
<b>Calories</b>	<b>290</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0.5g	3%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 10mg	<b>0%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 19g	68%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein</b> 66g	
Vitamin D 0mcg	0%
Calcium 350mg	25%
Iron 9mg	50%
Potassium 2150mg	45%

**Ingredients:** Soy Protein.  
**Contains:** Soy.

### Packaging

Available in 16 lb. net weight, poly bag in a corrugated box.

### Packaging Specs

Allowable Case Defect..... Less than 5%  
 Case Net Weight ..... 16 lb.  
 Case Gross Weight ..... 17.5 lb.  
 Case Dimensions..... 23.81" x 15.88" x 9.38"  
 Case Cube..... 2.05ft<sup>3</sup>  
 Pallet Ti/Hi ..... 5/5  
 GTIN ..... 10191273170037



Recipes



### Contact: Larry Yates

National Sales Director  
 Improved Nature LLC  
 919-588-2298  
 Sales@ImprovedNature.com