

# Nature's PRIME® Filets 89

#### Food Service

- All Natural Ingredients
- 0% Cholesterol
- Low GI (Glycemic Index)
- Dairy and Lactose Free
- High in Fiber
- Gluten Free

- Rich in Plant Protein
- Low Sodium
- Vegetarian / Vegan
- Egg Free
- Preservative Free
- Non GMO

#### **Preparation Instructions**

- Boil 1 parts of Nature's PRIME Filets in 10 parts (by weight) of flavored water or stock.
- Keep on low boil for 20 minutes. For more tender product, increase the cooking time.
- Drain and press product lightly to remove excess liquid.

Cooked *Nature's* PRIME *Filets* can be battered, breaded and fried, spiced, marinated and/or added to your favorite sauce.

#### **Proximate Data**

Moisture	≤10%
a <sub>w</sub>	≤0.55
Protein (dry basis)	≥69%

### **Microbial Data**

Aerobic Plate Count	<50,000 CFU/G
Salmonella (Class III)	NEGATIVE
F Coli	NEGATIVE

#### Storage / Shelflife

- 24 months from date of production.
- Care should be taken to ensure storage temperature does not exceed 75°F (25°C) for an extended period of time, during storage. Functional properties of these proteins are not guaranteed should products be stored above this temperature for extended periods.

#### Item # 16001

1 lb. of Nature's PRIME® yields about 5 lb. of Nature's Meat™

<b>Nutrition</b>	<b>Facts</b>
Varies servings per co Serving size	ontainer (100g)
Amount per serving Calories	290
	% Daily Value*
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 20g	7%
Dietary Fiber 19g	68%
Total Sugars 1g	
Includes 0g Added Su	gars 0%
Protein 66g	
Vitamin D 0mcg	0%
Calcium 350mg	25%
Iron 9mg	50%
Potassium 2150mg	45%

Ingredients: Soy Protein.

Contains: Soy.

## **Packaging**

Available in 13 lb. net weight, poly bag in a corrugated box.

#### **Packaging Specs**

Count		≈56/lb.
Case Pack (units)		≈737
Allowable Case DefectLes	s t	:han 5%
Case Net Weight		13 lb.
Case Gross Weight		14.5 lb.
Case Dimensions23.81" x 15.8	38"	x 9.38"
Case Cube		. 2.05ft <sup>3</sup>
Pallet Ti/Hi		5/5
GTIN 101912	273	3160014



















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