

- All Natural Ingredient
- Clean Label
- No Cholesterol
- Low GI (Glycemic Index)
- Dairy and Lactose Free
- High in Fiber
- Gluten Free
- Complete Protein
- Meat-like Texture
- Low Sodium
- Vegetarian / Vegan
- Egg Free
- Preservative Free
- Non GMO Soy

1 lb. of  
Nature's PRIME® yields  
about 5 lb. of Nature's Meat™

### Preparation Instructions

- Boil 1 parts of Nature's PRIME Filets in 10 parts (by weight) of flavored water or stock.
- Keep on low boil for 20 minutes. For more tender product, increase the cooking time.
- Drain and press product lightly to remove excess liquid.

Cooked Nature's PRIME Filets can be battered, breaded and fried, spiced, marinated and/or added to your favorite sauce.

### Proximate Data

$a_w$  ..... ≤0.55  
Protein (dry basis) ..... ≥69%

### Microbial Data

Aerobic Plate Count ..... <50,000 CFU/G  
Salmonella (Class III) ..... NEGATIVE  
E Coli ..... NEGATIVE

### Storage / Shelf-Life

- 48 months from date of production.
  - Dry storage required.
  - Care should be taken to ensure storage temperature does not exceed 75°F (25°C) for an extended period of time, during storage.
- Functional properties of these proteins are not guaranteed should products be stored above this temperature or in humid conditions for extended periods.

Nutrition Facts	
Varies servings per container	
Serving size	(100g)
Amount per serving	
<b>Calories</b>	<b>290</b>
% Daily Value*	
Total Fat 2g	3%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 20g	7%
Dietary Fiber 19g	68%
Total Sugars 1g	
Includes 0g Added Sugars	0%
<b>Protein 66g</b>	
Vitamin D 0mcg	0%
Calcium 350mg	25%
Iron 9mg	50%
Potassium 2150mg	45%

**Ingredients:** Soy Protein.  
**Contains:** Soy.

### Packaging

Available in 13 lb. net weight, poly bag in a corrugated box.

### Packaging Specs

Count ..... ≈56/lb.  
Case Pack (units) ..... ≈737  
Allowable Case Defect ..... Less than 5%  
Case Net Weight ..... 13 lb.  
Case Gross Weight ..... 14.5 lb.  
Case Dimensions ..... 23.81" x 15.88" x 9.38"  
Case Cube ..... 2.05ft³  
Pallet Ti/Hi ..... 5/5  
GTIN ..... 10191273160014

Product Specification Sheet



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