

- All Natural Ingredient
- Clean Label
- No Cholesterol
- Low GI (Glycemic Index)
- Dairy and Lactose Free
- High in Fiber
- Gluten Free
- Complete Protein
- Meat-like Texture
- Low Sodium
- Vegetarian / Vegan
- Egg Free
- Preservative Free
- Non GMO Soy

1 lb. of  
**Nature's PRIME<sup>®</sup>** yields  
 about **5 lb.** of *Nature's Meat<sup>™</sup>*

Nutrition Facts	
Varies servings per container	
<b>Serving size</b>	<b>(100g)</b>
Amount per serving	
<b>Calories</b>	<b>290</b>
	<b>% Daily Value*</b>
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 0.5g	<b>3%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 10mg	<b>0%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 19g	<b>68%</b>
Total Sugars 1g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 66g	
Vitamin D 0mcg	<b>0%</b>
Calcium 350mg	<b>25%</b>
Iron 9mg	<b>50%</b>
Potassium 2150mg	<b>45%</b>

Product Specification Sheet

### Preparation Instructions

- Boil 1 parts of **Nature's PRIME Poppers** in 10 parts (by weight) of flavored water or stock.
- Keep on low boil for 15 minutes. For more tender product, increase the cooking time.
- Drain and press product lightly to remove excess liquid.

Cooked **Nature's PRIME Poppers** can be battered, breaded and fried, spiced, marinated and/or added to your favorite sauce.

**Ingredients:** Soy Protein.  
**Contains:** Soy.

### Proximate Data

$a_w$  ..... ≤0.55  
 Protein (dry basis) ..... ≥69%

### Microbial Data

Aerobic Plate Count ..... <50,000 CFU/G  
 Salmonella (Class III) ..... NEGATIVE  
 E Coli ..... NEGATIVE

### Storage / Shelf-Life

- 48 months from date of production.
  - Dry storage required.
  - Care should be taken to ensure storage temperature does not exceed 75°F (25°C) for an extended period of time, during storage.
- Functional properties of these proteins are not guaranteed should products be stored above this temperature or in humid conditions for extended periods.

### Packaging

Available in 14 lb. net weight, poly bag in a corrugated box.

### Packaging Specs

Allowable Case Defect..... Less than 5%  
 Case Net Weight ..... 16 lb.  
 Case Gross Weight ..... 17.5 lb.  
 Case Dimensions.....23.81" x 15.88" x 9.38"  
 Case Cube..... 2.05ft<sup>3</sup>  
 Pallet Ti/Hi ..... 5/5  
 GTIN ..... 10191273170037



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